

I am ready for school

I can use the toilet with increasing independence and I know how to wash my hands.



I know that I need a tissue and can have a go at using a tissue to look after myself when I have a cold.

I can attempt to independently dress and undress independently with items such as my jumper and my coat.



I can attempt to take off and put on my shoes.

I can use a knife and fork with increasing skill to feed myself.



I can say 'Please' and 'Thank you' when asking for my lunch and snack.

I am becoming confident enough to ask for help when needed.



I can listen to and follow a simple instruction.

I can make new friends and play co-operatively by sharing and taking turns.



I am becoming confident enough to ask to join in with my friends.

I can listen to short stories and answer simple questions about what is happening in the story.

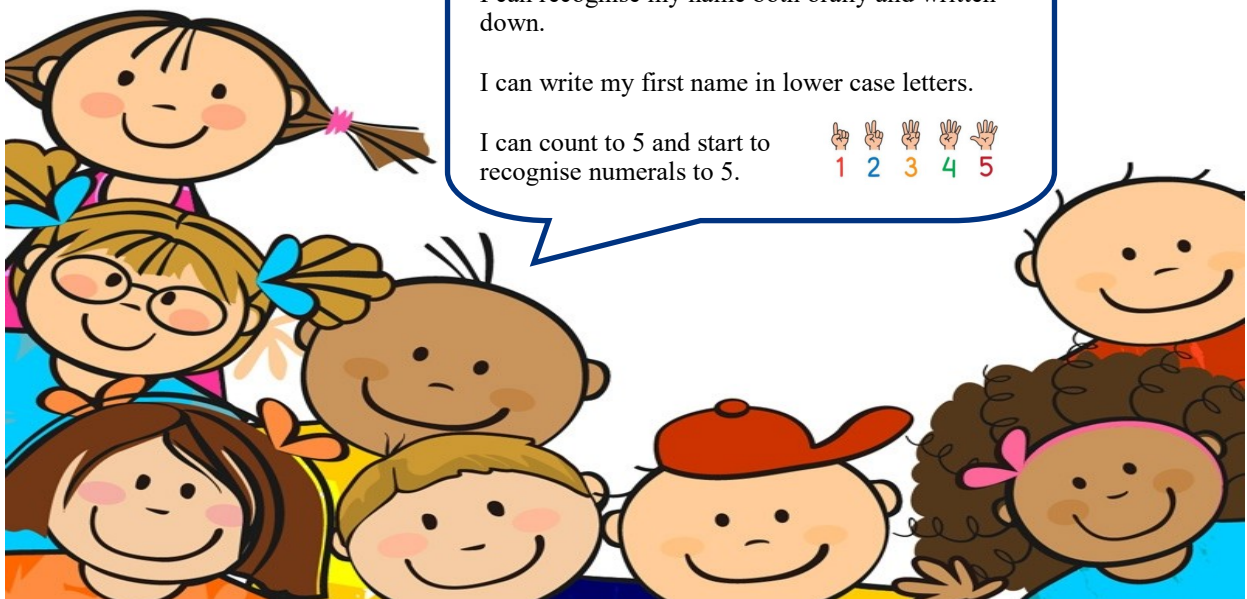


I can join in with familiar nursery rhymes by singing and using actions.

I can recognise my name both orally and written down.

I can write my first name in lower case letters.

I can count to 5 and start to recognise numerals to 5.



How to help your child to get ready for school.

I can attempt to independently dress and undress independently with items such as my jumper and my coat and I can attempt to take off and put on my shoes.

- Tip 1—Try to choose a coat and shoes with easier fastenings such as Velcro and zips rather than buttons and laces where possible.
Tip 2—Teach your child how to turn their sleeves inside out to enable them to put their jumper back on again.

I can use the toilet with increasing independence and I know how to wash my hands and I know that I need a tissue and can have a go at using a tissue to look after myself when I have a cold.

- Tip 1—Ensure that trousers/skirts are easy to pull up and down to assist with children going to the toilet
Tip 2—Teach the sequence of going to the toilet in order. Toilet training advice and ideas can be found on the following website <https://www.eric.org.uk/Pages/Category/potty-training>
Tip 3—Talk to your child about the importance of washing hands properly after using the toilet by using soap and water for 20 seconds.
Tip 4—Introduce your child to the routine of blowing their nose into a tissue, putting it in the bin and washing hands straight away.



I can use a knife and fork with increasing skill to feed myself and I can say 'Please' and 'Thank you' when asking for my lunch and snack.

- Tip 1—Ensure your child has time to practice using a knife and fork at home. If they are having school dinners then they will need to be able to use a full size knife and fork.
Tip 2—If your child will be having a pack lunch—try to ensure that all containers can be easily opened and closed
Tip 3—When having snack and lunch at school, children will be expected to say 'please' and 'thankyou'. I am sure that your child is fantastic at using these words. However, try to make sure that your child gets into the routine of using these words at all times.



I can make new friends and play co-operatively by sharing and taking turns and I am becoming confident enough to ask to join in with my friends.

- Tip 1—Teach your child some useful phrases such as 'Can I join in?', 'Do you want to share?' and 'Can I please have a turn?'.
Tip 2—Practice turn taking and sharing at home when playing with toys. Use the words 'my turn, your turn' at home so that your child is used to hearing this language.

I can listen to short stories and answer simple questions about what is happening in the story and I can join in with familiar nursery rhymes by singing and using actions. I can also follow a simple instruction.

- Tip 1—Share a bed time story every evening to get your child used to a structured routine. Reading a story every night also develops a love of reading in children. Ask simple questions such as 'Who are the characters in the story?', 'What did the character do?', 'What do you think will happen next?'.
Tip 2—Play games using simple instructions such as 'Simons says', or make a treasure hunt around your house where your child has to follow an instruction to find a clue.
Tip 3—Teach your child the phrase 'Please can you help me?' so that they know how to ask for help when it is needed.



I can recognise my name both orally and written down and I can write my first name in lower case letters.

- Tip 1—When practicing name writing make sure that you only use a capital letter at the beginning of your child's name. The other letters should be lower case. This is very important as this is how your child will be taught to write their name at school. Start with the first letter of their name and as they learn this, move on to the next letter.
Tip 2—Label your child's toys, bag, bedroom door etc. with their name so that they are used to seeing their name written down.
Tip 3—If your child finds it hard to form letters practice drawing spirals, wavy lines, circles and straight lines. These mark making shapes will support your child to be able to form letters in the future.



I can count to 5 and start to recognise numerals to 5.

- Tip 1—Sing counting rhymes such as 5 little monkeys jumping on the bed or 5 little ducks when swimming one day.
Tip 2—Count to 5 by using the fingers on your hand.
Tip 3—Bring numbers into every day life—try and count at all times—e.g. at the dinner table 'Can I have 1 more—How many have I got now?'
Tip 4—When on walks look for numerals in the environment—For example you might see numerals on front doors, bus numbers, price labels and car number plates. Speak to your child about what these numerals are and what they mean.

If you would like any further tips on how to get your child ready for school you can follow this link for further guidance. <https://www.pacey.org.uk/working-in-childcare/spotlight-on/being-school-ready/>

We look forward to welcoming you and your child into Windmill L.E.A.D Academy soon! :)

